**Title:** *ACL Anatomy and Technique*

**Speaker:** James Lubowitz, MD

Arthroscopic landmarks can be used to identify the anatomic centrum of the ACL on the femur and tibia. Quadriceps tendon graft is an emerging alternative to bone-patellar tendon-bone and hamstring autograft or allograft. All-inside technique requires special tools and technical proficiency, and is anatomic, least invasive, bone sparing, and results in a stable knee. Patients with anterolateral rotatory instability, hyperlaxity, failed primary ACL, and high risk of reinjury may benefit from ACL reconstruction plus lateral extra-articular tenodesis. Patients with anteromedial rotatory instability, failed primary ACL, and grade III or tibial sided MCL and POL injury may benefit from posteromedial corner repair or reconstruction.